



# The Marriage Course

WILL CHANGE YOUR LIFE



**Venue:** In the Facilitator's home

**Lessons:** 9 + 1

**Frequency:** Weekly

**Date:** On Saturdays or Sundays

**Time:** Typically from 4.00 pm to 6.30 pm

**Cost:** S\$90 per couple

Babysitting: Please make your own arrangements (no children are allowed at the classes)

COOS Family Life Ministry



## **BUILDING STRONG FOUNDATIONS**

learn to appreciate God's original plan for marriage through an understanding of companionship and the marriage covenant.

## **RELATIONSHIP AND TRUST**

gain an understanding of the synergistic relationship that is available in marriage and develop trust and transparency in your relationship.

## **ROLES OF HUSBAND AND WIFE**

obtain insights on the biblical roles of husband and wife as God intended.

## **THE POWER OF INFLUENCE**

learn about the power of influence you have on your spouse and how to nurture fondness and admiration for each other.

## **HANDLING HURTS AND DISAPPOINTMENTS**

learn how to deal with hurts and disappointments and understand the true meaning of forgiveness.

## **CONFLICT RESOLUTION AND UNITY**

understand the causes of conflict and learn how to live in agreement and unity.



## **INTIMACY AND SEX**

understand what true intimacy means and gain insight how to establish restoration of intimacy and sex in your marriage relationship.

## **BREAKING CURSES IN THE FAMILY**

know that we have spiritual authority and learn how to break strongholds and curses in the family so that spiritual blessings can flow into your family.

## **GOD'S CALLING FOR COUPLES**

learn to rise up to accept the spiritual heritage and charge that God has given to couples and take ownership of your spiritual calling as a couple.

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**ENQUIRIES:** Please email [tracyyue98@yahoo.com](mailto:tracyyue98@yahoo.com)